

September 2024 - Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Sing Along with Friends... 1	Labor Day 2	9:30 Fun Fitness and Flexibi... 3 10:00 Active Game - Balloon S... 11:00 Memory Garden [MG] 12:00 Oshibori 1:30 Game Time -Dominos [CA] 2:30 Snack Time 3:00 Puzzles [SR] 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 4 10:00 Active Games - [SR] 10:30 Game Time - 12:00 Oshibori 1:30 Stretch Class [SR] 2:00 Wednesday Creative Arts [...] 2:30 Snack Time 4:00 Walk and Roll Walking Club...	9:00 Morning Fitness Class 5 10:00 Thursday Morning Movie!... 1:45 Stretch and Core Streaming... 2:30 Snack Time 2:45 Game Time [CA] 3:15 Storytelling and Reminisce... 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 6 10:00 Active Games - [SR] 11:00 Finish the Phrase & I SPY ... 12:00 Oshibori 1:30 Cardinal View Music Group ... 2:30 Snack Time 3:00 Bingo Social [CA] 4:00 Walk and Roll Walking Club...	7
10:00 Sing Along with Friends... 8	9:00 Middleton Community Chu... 9 9:30 Fun Fitness and Flexibi... 12:00 Oshibori 1:45 Mindful Monday - Seated Ta... 2:30 Snack Time 2:45 Fun Facts, Travel and Triv... 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 10 10:00 Active Games - [SR] 10:30 Fancy Nails [SR] 10:30 Coloring Club [SR] 12:00 Oshibori 1:30 Game Time - Left Center Ri... 2:30 Snack Time 3:00 Trivia [CA] 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 11 10:00 Active Games - [SR] 10:30 Game Time - 12:00 Oshibori 1:30 Stretch Class [SR] 2:00 Wednesday Creative Arts [...] 2:30 Snack Time 4:00 Walk and Roll Walking Club...	9:00 Morning Fitness Class 12 10:00 Thursday Morning Movie!... 1:30 Chris Doughty - Banjo [AR... 2:30 Snack Time 2:45 Game Time [CA] 3:15 Storytelling and Reminisce... 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 13 10:00 Active Games - [SR] 11:00 Finish the Phrase & I SPY ... 12:00 Oshibori 1:30 Concert with Friends! [CA] 2:30 Snack Time 3:00 Bingo Social [CA] 4:00 Walk and Roll Walking Club...	14
10:00 Sing Along with Friends... 15	9:00 Middleton Community Chu... 16 9:30 Fun Fitness and Flexibi... 12:00 Oshibori 1:45 Mindful Monday - Seated Ta... 2:30 Snack Time 2:45 Fun Facts, Travel and Triv... 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 17 10:00 Active Games - [SR] 10:30 Puzzles and Matching [SR] 12:00 Oshibori 1:30 Game Time -Matching [CA] 2:30 Snack Time 3:00 Active Game - Hot Potato [...] 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 18 10:00 Active Games - [SR] 10:30 Game Time - 12:00 Oshibori 2:00 Wednesday Creative Arts [...] 2:30 Snack Time 4:00 Walk and Roll Walking Club...	9:00 Morning Fitness Class 19 10:00 Thursday Morning Movie!... 1:45 Stretch and Core Streaming... 2:30 Snack Time 2:45 Game Time [CA] 3:15 Storytelling and Reminisce... 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 20 10:00 Active Games - [SR] 11:00 Finish the Phrase & I SPY ... 12:00 Oshibori 1:30 Concert with Friends! [CA] 2:30 Snack Time 3:00 Bingo Social [CA] 4:00 Walk and Roll Walking Club...	21
10:00 Sing Along with Friends... 22	9:00 Middleton Community Chu... 23 9:30 Fun Fitness and Flexibi... 12:00 Oshibori 1:45 Mindful Monday - Seated Ta... 2:30 Snack Time 2:45 Fun Facts, Travel and Triv... 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 24 10:00 Active Games - [SR] 10:30 Fancy Nails [SR] 10:30 Coloring Club [SR] 12:00 Oshibori 1:30 Game Time - Connect Four/J... 2:30 Snack Time 3:00 Trivia [CA] 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 25 10:00 Active Games - [SR] 10:30 Game Time - 12:00 Oshibori 1:30 Stretch Class [SR] 2:00 Wednesday Creative Arts [...] 2:30 Snack Time 4:00 Walk and Roll Walking Club...	9:00 Morning Fitness Class 26 10:00 Thursday Morning Movie!... 1:45 Stretch and Core Streaming... 2:30 Snack Time 2:45 Game Time [CA] 3:15 Storytelling and Reminisce... 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 27 10:00 Active Games - [SR] 11:00 Finish the Phrase & I SPY ... 12:00 Oshibori 1:30 Concert with Friends! [CA] 2:30 Snack Time 3:00 Bingo Social [CA] 4:00 Walk and Roll Walking Club...	28
10:00 Sing Along with Friends... 29	9:00 Middleton Community Chu... 30 9:30 Fun Fitness and Flexibi... 12:00 Oshibori 1:45 Mindful Monday - Seated Ta... 2:30 Snack Time 2:45 Fun Facts, Travel and Triv... 4:00 Walk and Roll Walking Club...	<ul style="list-style-type: none"> AR Activity Room CA Common Area GN Good Neighbor H Halls MG Memory Garden SR Sun Room 				