

October 2024 - Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Walk 100 to Donate 100 - W... 1 9:30 Fun Fitness and Flexibi... 10:00 Active Games - [SR] 10:30 Puzzles and Matching [SR] 12:00 Oshibori 1:30 Stretching and Deep Breath... 2:30 Snack Time 3:00 Game Time - Jenga/Connect ... 4:00 Walk and Roll Walking Club...	Walk 100 to Donate 100 - W... 2 9:30 Fun Fitness and Flexibi... 10:00 Active Game - 10:30 Game Time - Shut Box [SR] 12:00 Oshibori 2:00 Wednesday Creative Arts - ... 2:45 Snack Time 4:00 Walk and Roll Walking Club...	Walk 100 to Donate 100 - W... 3 10:00 Thursday Morning Movie!... 1:45 Stretching with Teresa [SR... 2:30 Snack Time 2:45 Game Time [CA] 3:15 Storytelling and Reminisce... 4:00 Walk and Roll Walking Club...	Walk 100 to Donate 100 - W... 4 9:30 Fun Fitness and Flexibi... 10:00 Active Game - [SR] 10:30 Finish The Phrase, Trivia ... 12:00 Oshibori 1:30 Cardinal View Music Group ... 2:30 Snack Time 3:00 Bingo Social [CA] 4:00 Walk and Roll Walking Club...	Walk 100 to Donate 100 - W... 5
Walk 100 to Donate 100 - W... 6 10:00 Sing Along with Friends...	Walk 100 to Donate 100 - W... 7 9:00 Middleton Community Chu... 9:30 Fun Fitness and Flexibilit... 10:00 Active Games - [SR] 10:00 Catholic Communion 10:30 Arts and Crafts [SR] 12:00 Oshibori 1:45 Mindful Monday - Seated Ta... 2:30 Snack Time 2:45 Nature Hour [CA] 4:00 Walk and Roll Walking Club...	9:00 Vaccine Clinic 8 10:00 Coloring Club [SR] 10:00 Fancy Nails [SR] 12:00 Oshibori 1:30 Stretching and Deep Breath... 2:30 Monthly Birthday Celebrati... 3:00 Dominos [SR] 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 9 10:00 Active Game - 10:30 Game Time - 12:00 Oshibori 2:00 Wednesday Creative Arts [... 2:45 Snack Time 4:00 Walk and Roll Walking Club...	10:00 Thursday Morning Movie!... 10 1:45 Stretching with Teresa ... 2:30 Snack Time 2:45 Game Time [CA] 3:15 Storytelling and Reminisce... 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 11 10:15 Westside Christian - Si... 10:30 Finish The Phrase, Trivia ... 12:00 Oshibori 1:30 Concert with Friends! [CA] 2:30 Snack Time 3:00 Bingo Social [CA] 4:00 Walk and Roll Walking Club...	12
10:00 Sing Along with Friends... 13	Columbus Day 14 9:00 Middleton Community Chu... 9:30 Fun Fitness and Flexibilit... 10:00 Active Game - [SR] 10:30 Arts and Crafts [SR] 12:00 Oshibori 1:45 Mindful Monday - Seated Ta... 2:30 Snack Time 2:45 Nature Hour [CA] 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 15 10:00 Active Games - [SR] 10:30 Puzzles and Matching [SR] 12:00 Oshibori 1:30 Stretching and Deep Breath... 2:30 Snack Time 3:00 Game Time - Finish the Phr... 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 16 10:00 Active Game - 10:30 Game Time - 12:00 Oshibori 2:00 Wednesday Creative Arts [... 2:45 Snack Time 4:00 Walk and Roll Walking Club...	10:00 Thursday Morning Movie!... 17 1:45 Stretching with Teresa ... 2:30 Snack Time 2:45 Game Time [CA] 3:15 Storytelling and Reminisce... 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 18 10:00 Active Game - [SR] 10:30 Finish The Phrase, Trivia ... 12:00 Oshibori 1:30 Concert with Friends! [CA] 2:30 Snack Time 3:00 Bingo Social [CA] 4:00 Walk and Roll Walking Club...	19
10:00 Sing Along with Friends... 20	9:00 Middleton Community Chu... 21 9:30 Fun Fitness and Flexibi... 10:00 Active Game - [SR] 10:30 Arts and Crafts [SR] 12:00 Oshibori 1:45 Mindful Monday - Seated Ta... 2:30 Snack Time 2:45 Nature Hour [CA] 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 22 10:00 Active Games - [SR] 10:30 Fancy Nails [SR] 10:30 Coloring Club [SR] 12:00 Oshibori 1:30 Fall Ride 1:30 Stretching and Deep Breath... 2:30 Snack Time 3:00 Game Time - Matching [SR] 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 23 10:00 Active Game - 10:30 Game Time - 12:00 Oshibori 2:00 Wednesday Creative Arts [... 2:45 Snack Time 4:00 Walk and Roll Walking Club...	10:00 Thursday Morning Movie!... 24 1:45 Stretching with Teresa ... 2:30 Snack Time 2:45 Game Time [CA] 3:15 Storytelling and Reminisce... 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 25 10:00 Active Game - [SR] 10:30 Finish The Phrase, Trivia ... 12:00 Oshibori 1:30 Concert with Friends! [CA] 2:30 Snack Time 3:00 Halloween Bingo Social [CA... 4:00 Walk and Roll Walking Club...	26
10:00 Sing Along with Friends... 27	9:00 Middleton Community Chu... 28 9:30 Fun Fitness and Flexibi... 10:00 Active Game - [SR] 10:30 Arts and Crafts [SR] 12:00 Oshibori 1:45 Mindful Monday - Seated Ta... 2:30 Snack Time 2:45 Nature Hour [CA] 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 29 10:00 Active Games - [SR] 10:30 Puzzles and Matching [SR] 12:00 Oshibori 1:30 Stretching and Deep Breath... 2:30 Snack Time 3:00 Game Time - LCR Game [SR] 4:00 Walk and Roll Walking Club...	9:30 Fun Fitness and Flexibi... 30 10:00 Active Game - 10:30 Game Time - 12:00 Oshibori 2:00 Wednesday Creative Arts [... 2:45 Snack Time 4:00 Walk and Roll Walking Club...	Halloween 31 10:00 Thursday Morning Movie!... 1:45 Stretching with Teresa [SR... 2:30 Happy Halloween Social [CA... 3:15 Storytelling and Reminisce... 4:00 Walk and Roll Walking Club...	 Cardinal View SENIOR LIVING A Lifespark™ Community	

CA Common Area
 H Halls
 SR Sun Room