


December 2024 - Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Sing Along with Friends -Spiritual [CA] 1	9:00 Middleton Community Church - Streaming [CA] 2 9:30 Fun Fitness and Flexibility [SR] 10:00 Active Game - [SR] 10:00 Catholic Communion 10:30 Arts and Crafts [SR] 12:00 Oshibori 1:45 Mindful Monday - Seated Tai Chi [CA] 2:30 Snack Time 2:45 Nature Hour [CA]	9:30 Fun Fitness and Flexibility [SR] 3 10:00 Active Games - [SR] 10:30 Fancy Nails [SR] 10:30 Coloring Club [SR] 12:00 Oshibori 1:30 Stretching and Deep Breathing - Meditation [CA] 2:30 Snack Time	9:30 Fun Fitness and Flexibility [SR] 4 10:00 Active Game - [SR] 10:30 Game Time - [SR] 12:00 Oshibori 2:00 Holiday Creative Arts! [SR] 2:30 Snack Time	10:00 Thursday Morning Movie! Holiday [CA] 5 1:45 Stretching with Teresa [SR] 2:30 Snack Time 3:15 Storytelling and Reminisce [CA]	9:30 Fun Fitness and Flexibility [SR] 6 10:00 Finish the Phrase, Trivia, and Current Events [SR] 10:00 Active Game - [SR] 12:00 Oshibori 1:30 Bingo Social [CA] 2:30 Snack Time 3:00 Entertainment with Jeff Stitgen [CA]	
10:30 Sing Along with Friends -Spiritual [CA] 8	10 Days of Christmas at Cardinal View 9 9:00 Middleton Community Church - Streaming [CA] 9:30 Fun Fitness and Flexibility [SR] 10:00 Active Game - [SR] 10:30 Arts and Crafts [SR] 12:00 Oshibori 2:30 Snack Time	10 Days of Christmas at Cardinal View (cont.) 10 9:30 Fun Fitness and Flexibility [SR] 10:00 Active Games - [SR] 10:30 Puzzles and Matching [SR] 12:00 Oshibori 1:30 Stretching and Deep Breathing - Meditation [CA] 2:30 Snack Time	10 Days of Christmas at Cardinal View (cont.) 11 9:30 Fun Fitness and Flexibility [SR] 10:00 Active Game - [SR] 10:30 Game Time - [SR] 12:00 Oshibori 2:00 Holiday Creative Arts! [SR] 2:30 Snack Time	10 Days of Christmas at Cardinal View (cont.) 12 10:00 Thursday Morning Movie! Holiday [CA] 1:45 Stretching with Teresa [SR] 2:30 Snack Time 3:15 Storytelling and Reminisce [CA]	10 Days of Christmas at Cardinal View (cont.) 13 9:30 Fun Fitness and Flexibility [SR] 10:00 Finish the Phrase, Trivia, and Current Events [SR] 10:00 Active Game - [SR] 12:00 Oshibori 1:30 Concert with Friends! [CA] 2:30 Snack Time 3:00 Bingo Social [CA]	10:00 Stretching with Brenda [CA] 14 10:30 Puzzles and Matching [CA]
10:30 Sing Along with Friends -Spiritual [CA] 15	10 Days of Christmas at Cardinal View 16 9:00 Middleton Community Church - Streaming [CA] 9:30 Fun Fitness and Flexibility [SR] 10:00 Active Game - [SR] 10:30 Arts and Crafts [SR] 12:00 Oshibori 2:30 Snack Time	10 Days of Christmas at Cardinal View (cont.) 17 9:30 Fun Fitness and Flexibility [SR] 10:00 Active Games - [SR] 10:30 Fancy Nails [SR] 10:30 Coloring Club [SR] 12:00 Oshibori 1:30 Stretching and Deep Breathing - Meditation [CA] 2:00 Holiday Party - Legacy Court [CA] 2:30 Snack Time	10 Days of Christmas at Cardinal View (cont.) 18 9:30 Fun Fitness and Flexibility [SR] 10:00 Active Game - [SR] 10:30 Game Time - [SR] 12:00 Oshibori 2:00 Holiday Creative Arts [CA]	10 Days of Christmas at Cardinal View (cont.) 19 10:00 Thursday Morning Movie! Holiday [CA] 1:45 Stretching with Teresa [SR] 2:30 Snack Time 3:15 Storytelling and Reminisce [CA]	10 Days of Christmas at Cardinal View (cont.) 20 9:00 Westside Christian - Caroling 10:00 Finish the Phrase, Trivia, and Current Events [SR] 10:00 Active Game - [SR] 12:00 Oshibori 1:30 Concert with Friends! [CA] 2:30 Snack Time 3:00 Bingo Social [CA]	
10:30 Sing Along with Friends -Spiritual [CA] 22 1:00 Stretching with Brenda [CA] 1:30 Holiday Activity with Brenda! [CA]	9:00 Middleton Community Church - Streaming [CA] 23 9:30 Fun Fitness and Flexibility [SR] 10:00 Active Game - [SR] 10:30 Arts and Crafts [SR] 12:00 Oshibori 2:30 Snack Time	Christmas Eve 24 9:30 Holiday Fun Fitness and Flexibility [SR] 10:00 Holiday Songs with Andy Williams [SR] 10:30 Holiday Treats [CA] 2:30 Snack Time	Christmas Day 25 11:00 Sing Along with John and Donna - Christmas Favorites 2:30 Snack Time	10:00 Morning Movie 26 2:30 Snack Time 3:30 Sing Along with John - Resident Favorites [CA]	10:00 Morning Movie [CA] 27 2:30 Snack Time 3:30 Sing Along with John and Donna - Resident Favorites [CA]	28
10:30 Sing Along with Friends -Spiritual [CA] 29	9:00 Middleton Community Church - Streaming [CA] 30 9:30 Fun Fitness and Flexibility [SR] 10:00 Active Game - [SR] 10:30 Arts and Crafts [SR] 12:00 Oshibori 2:30 Snack Time	New Year's Eve 31 9:30 Fun Fitness and Flexibility [SR] 10:30 Fancy Nails [SR] 10:30 Coloring Club [SR] 12:00 Oshibori 1:30 Stretching and Deep Breathing - Meditation [CA] 2:30 Snack Time	 Cardinal View SENIOR LIVING A Lifespeak® Community	Happy Birthday to 12/2 Charles "Chuck" Possin 12/11 Donna Harrington 12/13 Ronald "Ron" Bolstad 12/16 Lynn Holborn 12/16 John Winter 12/19 Leola Hickson 12/20 Larry Larson 12/25 Patricia Schlough 12/27 Caroline "Carrie" Doersch 12/28 Linda Wolff		