


January 2025 - IL / AL Calendar



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|---|--|
|  Cardinal View SENIOR LIVING A Lifespark™ Community | | | New Year's Day 1 | 10:15 Strength and Conditioning Class [BW] 2 11:15 Strength and Stretch Chair Fitness [BW] 1:00 TRYathlon Community Meeting [GN] 2:00 Lifelong Learning Presentation [GN] 3:00 Thursday Bingo! Special Time Life Long Learning [CR] | 10:15 Stretch and Flexibility Class [BW] 3 11:15 Strength and Stretch Chair Fitness [BW] 1:00 Movie Club - 2025 Planning [GN] 1:30 Painting Club [AC] 7:00 Friday Night at the Movies - 2024 "Here" Featuring Tom Hanks | 9:00 Coffee & Reminisce at the Bistro 4 1:30 Rummikub on Saturday! [AC] 2:00 I Love Euchre |
| 9:30 Catholic Mass - Live Streaming [GN] 5 11:00 St Lukes Lutheran - Live Streaming [GN] 2:30 Sunday Bingo! [CR] | 10:00 Catholic Communion [GN] 6 10:15 Stretch and Flexibility Class [BW] 11:15 Strength and Stretch Chair Fitness [BW] 1:00 Cardinal View Music Club 2:00 I Love Euchre 3:30 Womens Social (Sip and Chat) [MR] | 10:15 Strength and Conditioning Class [BW] 7 11:15 Strength and Stretch Chair Fitness [BW] 1:30 Bridge Club [MR] 3:00 Rummikub Club - Tuesday Club in Bistro | 9:00 Stretch and Flexibility Class [BW] 8 10:00 Coffee with a Cop - Middleton Police Department 11:15 Strength and Stretch Chair Fitness [BW] 1:30 Cardinal View Community Bus Trip - Metro Market 1:30 Bible Study Group [MR] 2:00 TRYathlon Captains Meeting [GN] 2:00 I Love Euchre | 10:15 Strength and Conditioning Class [BW] 9 11:15 Strength and Stretch Chair Fitness [BW] 1:00 Really Big Show Award Show [GN] 2:30 Thursday Bingo! [CR] 3:30 Men's Group (Grumpy Ole Men) - BYOB | 9:30 Stretch and Flexibility Class [BW] 10 10:30 Bloody Mary's at the Bistro! 11:15 Strength and Stretch Chair Fitness [BW] 7:00 Friday Night at the Movies - New Release 2024 | 9:00 Coffee & Reminisce at the Bistro 11 1:30 Rummikub on Saturday! [AC] 2:00 I Love Euchre |
| 9:30 Catholic Mass - Live Streaming [GN] 12 11:00 St Luke's Lutheran Service - Live Streaming [GN] 1:00 Peace through Christ Lutheran Church - In Person Service [GN] 2:30 Sunday Bingo! [CR] | 10:15 Stretch and Flexibility Class [BW] 13 11:15 Strength and Stretch Chair Fitness [BW] 1:00 Cardinal View Music Club 1:30 Cardinal View Community Bus Trip - Metro Market 2:00 I Love Euchre 3:30 Womens Social (Sip and Chat) [MR] | 10:15 Strength and Conditioning Class [BW] 14 11:15 Strength and Stretch Chair Fitness [BW] 1:00 TRYathlon - Scrimmage - Whizzer (Walking) [GN] 1:30 Bridge Club [MR] 3:00 Arts and Crafts with Kathy [AC] 3:00 Rummikub Club - Tuesday Club in Bistro | 10:00 Resident Council - Please be seated at 10:00AM [CR] 15 11:00 Chef Talk [CR] 1:30 Stretch and Flexibility Class [BW] 2:00 I Love Euchre 3:00 Strength and Stretch Chair Fitness [BW] | 10:15 Strength and Conditioning Class [BW] 16 11:15 Strength and Stretch Chair Fitness [BW] 1:00 TRYathlon - Scrimmage Leg/Arm Crank [GN] 2:30 Thursday Bingo! [CR] | 10:15 Stretch and Flexibility Class [BW] 17 11:15 Strength and Stretch Chair Fitness [BW] 1:00 The Really Big Show [GN] 1:30 Painting Club [AC] 3:30 Get Happy with Al Dominie @ the Bistro 7:00 Friday Night at the Movies - New Release 2024 | 9:00 Coffee & Reminisce at the Bistro 18 1:30 Rummikub on Saturday! [AC] 2:00 I Love Euchre |
| 9:30 Catholic Mass - Live Streaming [GN] 19 11:00 St Luke's Lutheran Service - Live Streaming [GN] 1:00 Peace through Christ Lutheran Church - In Person Service [GN] 2:30 Sunday Bingo! [CR] | Martin Luther King Jr. Day 20 10:15 Stretch and Flexibility Class [BW] 11:15 Strength and Stretch Chair Fitness [BW] 1:00 Cardinal View Music Club 2:00 I Love Euchre 3:30 Womens Social (Sip and Chat) [MR] | 10:15 Strength and Conditioning Class [BW] 21 11:15 Strength and Stretch Chair Fitness [BW] 1:00 TRYathlon - Whizzer (Walking Team) [GN] 1:30 Bridge Club [MR] 3:00 Rummikub Club - Tuesday Club in Bistro | 10:15 Stretch and Flexibility Class [BW] 22 11:15 Strength and Stretch Chair Fitness [BW] 1:30 Cardinal View Community Bus Trip - Metro Market 1:30 Bible Study Group [MR] 2:00 I Love Euchre | 10:15 Strength and Conditioning Class [BW] 23 11:15 Strength and Stretch Chair Fitness [BW] 1:00 TRYathlon - LEG/ARM Crank - Team [GN] 2:30 Thursday Bingo! [CR] | 10:15 Stretch and Flexibility Class [BW] 24 11:15 Strength and Stretch Chair Fitness [BW] 1:00 The Really Big Show [GN] 2:00 Hobby Show - Cardinal Room 7:00 Friday Night at the Movies - New Release 2024 | 9:00 Coffee & Reminisce at the Bistro 25 9:30 Book Club [MR] 1:30 Rummikub on Saturday! [AC] 2:00 I Love Euchre |
| 9:30 Catholic Mass - Live Streaming [GN] 26 11:00 St Luke's Lutheran Service - Live Streaming [GN] 2:30 Sunday Bingo! [CR] | 10:15 Stretch and Flexibility Class [BW] 27 11:15 Strength and Stretch Chair Fitness [BW] 1:00 Cardinal View Music Club 1:15 I Love Euchre Progressive Tournament [MR] 3:30 Happy Hour with Bahama Bob (Entertainment Starts at 4PM) | 10:15 Strength and Conditioning Class [BW] 28 11:15 Strength and Stretch Chair Fitness [BW] 12:30 Middleton Library Lobby Stop 1:00 TRYathlon - Whizzer (Walking Team) [CR] 1:30 Bridge Club [MR] 2:00 Parkinsons Wellness Support Group [GN] 3:00 Arts and Crafts [AC] 3:00 Rummikub Club - Tuesday Club in Bistro | 10:15 Stretch and Flexibility Class [BW] 29 11:15 Strength and Stretch Chair Fitness [BW] 1:30 Cardinal View Community Bus Trip - Metro Market 2:00 I Love Euchre 3:00 Fox Talk [GN] | 10:15 Strength and Conditioning Class [BW] 30 11:15 Strength and Stretch Chair Fitness [BW] 1:00 TRYathlon - LEG/ARM Crank - Team [GN] 2:30 Thursday Bingo! [CR] | 9:00 Hot Cocoa Bar at the Bistro 31 10:15 Stretch and Flexibility Class [BW] 11:15 Strength and Stretch Chair Fitness [BW] 1:00 The Really Big Show [GN] 1:30 Painting Club [AC] 7:00 Friday Night at the Movies - New Release 2024 | |