

# January 2025 - Memory Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>New Year's Day</b> <b>1</b>	<b>2</b> 10:00 Thursday Morning Movie! [CA] 1:45 Stretching with Teresa [SR] 2:30 Snack Time 3:00 Storytelling and Reminisce [CA] 4:00 Walk and Roll Walking Club 4:00 Sing Along with John - Resident Favorites [CA]	<b>3</b> 9:30 Fun Fitness and Flexibility [SR] 10:00 Active Game [SR] 10:30 Linked Senior [SR] 12:00 Oshibori 1:30 Cardinal View Music Group [CA] 2:30 Snack Time 3:00 Bingo Social [CA] 4:00 Walk and Roll Walking Club	<b>4</b>
<b>5</b> 11:00 Sing Along with Friends -Spiritual [CA] 1:00 Stretching with Brenda [CA] 1:30 Puzzles and Matching [CA]	<b>6</b> 9:00 Middleton Community Church - Streaming [CA] 9:30 Fun Fitness and Flexibility [SR] 10:00 Catholic Communion 10:30 Arts and Crafts [SR] 12:00 Oshibori 2:30 Snack Time 2:45 Nature Hour [CA] 4:00 Walk and Roll Walking Club	<b>7</b> 9:30 Fun Fitness and Flexibility [SR] 10:30 Puzzles and Matching [SR] 12:00 Oshibori 1:30 Mindful Movements and Deep Breathing [CA] 2:30 Snack Time 3:00 Game Time [CA] 4:00 Walk and Roll Walking Club	<b>8</b> 9:30 Fun Fitness and Flexibility [SR] 10:30 Game Time - 12:00 Oshibori 2:00 Weekly Creative Arts [SR] 2:30 Snack Time 4:00 Walk and Roll Walking Club	<b>9</b> 10:00 Thursday Morning Movie! [CA] 1:45 Stretching with Teresa [SR] 2:30 Snack Time 3:00 Storytelling and Reminisce [CA] 4:00 Walk and Roll Walking Club 4:00 Sing Along with John - Resident Favorites [CA]	<b>10</b> 9:30 Fun Fitness and Flexibility [SR] 10:30 Linked Senior [SR] 12:00 Oshibori 1:30 Concert with Friends! [CA] 2:30 Snack Time 3:00 Bingo Social [CA] 4:00 Walk and Roll Walking Club	<b>11</b> 9:45 Tai Chi with Teresa [CA] 10:15 Active Games- Balloon Ball
<b>12</b> 11:00 Sing Along with Friends - Spiritual [CA]	<b>13</b> 9:00 Middleton Community Church - Streaming [CA] 9:30 Fun Fitness and Flexibility [SR] 10:30 Arts and Crafts [SR] 12:00 Oshibori 2:30 Snack Time 2:45 Nature Hour [CA] 4:00 Walk and Roll Walking Club	<b>14</b> 9:30 Fun Fitness and Flexibility [SR] 10:30 Fancy Nails [SR] 10:30 Coloring Club [SR] 12:00 Oshibori 1:30 Mindful Movements and Deep Breathing [CA] 2:30 Snack Time 3:00 Game Time [CA] 4:00 Walk and Roll Walking Club	<b>15</b> 9:30 Fun Fitness and Flexibility [SR] 10:30 Game Time - 12:00 Oshibori 2:00 Weekly Creative Arts [SR] 2:30 Snack Time 4:00 Walk and Roll Walking Club	<b>16</b> 10:00 Thursday Morning Movie! [CA] 1:45 Stretching with Teresa [SR] 2:30 Snack Time 3:00 Storytelling and Reminisce [CA] 4:00 Walk and Roll Walking Club 4:00 Sing Along with John - Resident Favorites [CA]	<b>17</b> 9:30 Fun Fitness and Flexibility [SR] 10:30 Linked Senior [SR] 12:00 Oshibori 1:30 Concert with Friends! [CA] 2:30 Snack Time 3:00 Bingo Social [CA] 4:00 Walk and Roll Walking Club	<b>18</b> 9:45 Stretching with Brenda [CA] 10:15 Puzzles and Matching [CA]
<b>19</b> 11:00 Sing Along with Friends - Spiritual [CA]	<b>Martin Luther King Jr. Day 20</b> 9:00 Middleton Community Church - Streaming [CA] 9:30 Fun Fitness and Flexibility [SR] 10:30 Arts and Crafts [SR] 12:00 Oshibori 2:30 Snack Time 2:45 Nature Hour [CA] 4:00 Walk and Roll Walking Club	<b>21</b> 9:30 Fun Fitness and Flexibility [SR] 10:30 Puzzles and Matching [SR] 12:00 Oshibori 1:30 Mindful Movements and Deep Breathing [CA] 2:30 Snack Time 3:00 Game Time [CA] 4:00 Walk and Roll Walking Club	<b>22</b> 9:30 Fun Fitness and Flexibility [SR] 10:30 Game Time - 12:00 Oshibori 2:00 Weekly Creative Arts [SR] 2:30 Snack Time 4:00 Walk and Roll Walking Club	<b>23</b> 10:00 Thursday Morning Movie! [CA] 1:45 Stretching with Teresa [SR] 2:30 Snack Time 3:00 Storytelling and Reminisce [CA] 4:00 Walk and Roll Walking Club 4:00 Sing Along with John - Resident Favorites [CA]	<b>24</b> 9:30 Fun Fitness and Flexibility [SR] 10:30 Linked Senior [SR] 12:00 Oshibori 1:30 Concert with Friends! [CA] 2:30 Snack Time 3:00 Bingo Social [CA] 4:00 Walk and Roll Walking Club	<b>25</b>
<b>26</b> 11:00 Sing Along with Friends - Spiritual [CA] 1:00 Stretching with Brenda [CA] 1:30 Arts and Crafts [CA]	<b>27</b> 9:00 Middleton Community Church - Streaming [CA] 9:30 Fun Fitness and Flexibility [SR] 10:30 Arts and Crafts [SR] 12:00 Oshibori 2:30 Snack Time 2:45 Nature Hour [CA] 3:00 Entertainment with Bahama Bob [CA] 4:00 Walk and Roll Walking Club	<b>28</b> 9:30 Fun Fitness and Flexibility [SR] 10:30 Fancy Nails [SR] 10:30 Coloring Club [SR] 12:00 Oshibori 1:30 Mindful Movements and Deep Breathing [CA] 2:30 Snack Time 3:00 Game Time [CA] 4:00 Walk and Roll Walking Club	<b>29</b> 9:30 Fun Fitness and Flexibility [SR] 10:30 Game Time - 12:00 Oshibori 2:00 Weekly Creative Arts [SR] 2:30 Snack Time 4:00 Walk and Roll Walking Club	<b>30</b> 10:00 Thursday Morning Movie! [CA] 1:45 Stretching with Teresa [SR] 2:30 Snack Time 3:00 Storytelling and Reminisce [CA] 4:00 Walk and Roll Walking Club 4:00 Sing Along with John - Resident Favorites [CA]	<b>31</b> 9:30 Fun Fitness and Flexibility [SR] 10:30 Linked Senior [SR] 12:00 Oshibori 1:30 Concert with Friends! [CA] 2:30 Snack Time 3:00 Bingo Social [CA] 4:00 Walk and Roll Walking Club	