



Cardinal View
SENIOR LIVING
A Lifespark™ Community

Age Magnificently



September Newsletter

Discover what's new at Cardinal View



**HELLO
SEPTEMBER**

Community Life Corner

Thursdays Documentary
Series: Hitler & The Nazis -
Evil On Trial
6:30pm - Good Neigh.
Comm. Room



A six-part Netflix docuseries that examines the rise and fall of Adolf Hitler and the Nazi regime. The series uses the Nuremberg trials as a framework to explore the Nazis' ideology, propaganda, and the atrocities they committed. It combines archival footage, interviews with experts, and dramatic recreations to offer a comprehensive look at this dark period in history.

September 4th - Episode 5:
Crimes Against Humanity

September 11th - Episode 6:
The Reckoning

Thursdays Documentary
Series: Turning Point:
The Vietnam War
6:30pm - Good Neigh.
Comm. Room



A five-part documentary is thought-provoking documentary series that examines the harrowing consequences of the Vietnam War, from the Gulf of Tonkin incident to the fall of Saigon.

September 18th - Episode 1:
America Goes To War

September 25th - Episode 2: **Civil War**

October 2nd - Episode 3: **Life Is Cheap**

October 9th - Episode 4:
Why Are We Even Here?

October 16th - Episode 5:
The End of the Road

Community Life Corner

Special Programs/Outings

EPIC CAMPUS TOUR OUTING (Verona, WI)
Saturday, September 6th - 9:00am-12:00pm

(Sign-up required, limited to 10 residents)

Outings are limited to residents only due to space

Sign-up sheet will be posted 1 week prior to program dates & will be located outside the Good Neighbor Community Room*



Caption Call Presentation

Wednesday, September 17th at 3:00pm
Good Neighbor Community Room

Rootbeer Float Social



(For residents & staff in honor of Assisted Living Week)
Tuesday, September 9th at 1:00pm in Bistro

Presentation: Victory over Japan Day - VJ Day

By: Bob Block, Retired Head of Drug Identification Unit



Tuesday, September 30th at 2:00pm
Good Neighbor Community Room



Oktoberfest Social/Open House

Tuesday, September 20th - 3:30pm-5:00pm



Community Life Corner – Entertainment:

Heartstrings Concert



Wednesday, September 10th
@ 3:30pm (Cardinal Room)
The Rhapsodie Quartet includes our
Co-Concertmaster Suzanne Beia,
violinist Laura Burns, Principal
Violist Christopher Dozoryst*, and
Principal Cellist Karl Lavine.

Happy Hour w/ Michael Grueber



Friday, September 19th
@ 4:00pm (Bistro)
Americana / Folk Alternative
Fingerstyle Country Blues Rock /
Singer/Songwriter



Happy Hour w/ Kevin Murphy

Thursday, September 11th
@ 4:00pm (Bistro)
Country/Rock Oldies

Music w/ Randy Plunkett



Wednesday, September 24th at
3:00pm (Cardinal Room)
From plays, to musicals, to 50s
groups, to leading worship, to
singing the National Anthem over
200 times.

Happy Hour w/ Rebecca Dorrill



Friday, September 26th
@ 4:00pm (Bistro)
Americana / Folk Alternative
Fingerstyle Country Blues Rock /
Singer/Songwriter

Resident Birthdays

Stan A.	9/03
Richard A.	9/03
Joyce L.	9/03
Ron E.	9/04
Earl V.	9/05
Lou Ann W.	9/12
John S.	9/13
Fred L.	9/13
Jennifer R.	9/17
Carolyn A.	9/18
Heather M.	9/20
Deb A.	9/28
Gus B.	9/28

Resident Anniversaries

Gladys S. - 2 Years	9/01
Bruce L. - 3 Years	9/10
Norma M. - 2 Years	9/11
Donna H. - 1 Year	9/13
David D. - 2 Years	9/13
Ron B. - 3 Years	9/18



Let's Celebrate

EMPLOYEE BIRTHDAYS

Dianne K.	9/01
Stephanie K.	9/02
Natalie V.	9/07
Ashley F.	9/10
Katie M.	9/12
Jane K.	9/17
Teresa A.	9/22

EMPLOYEE ANNIVERSARIES

Destinie D. - 1 Year	9/03
Jose - 2 Years	9/04
Jim L. - 3 Years	9/06
Alamin B. - 2 Years	9/18
Kim F. - 4 Years	9/27





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CELEBRATES

National Assisted Living Week

September 7 - 13

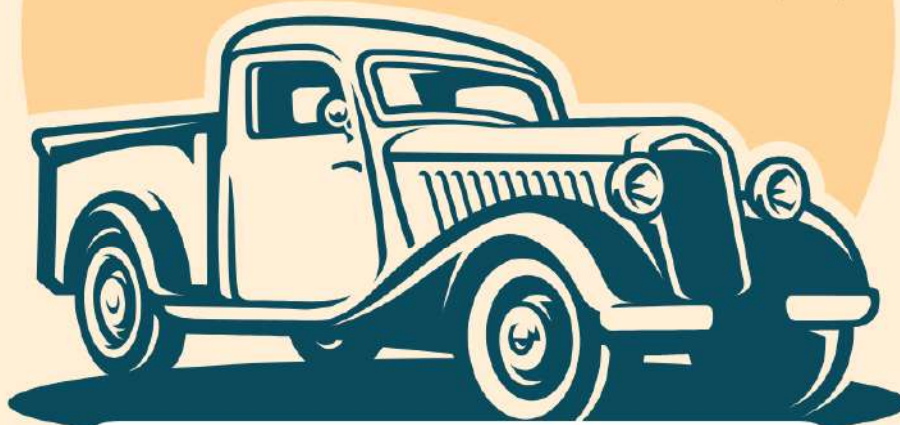
This week serves to honor the vital role that assisted living communities play in the lives of older adults. It provides an opportunity for residents, families, staff, and the broader community to celebrate the contributions of assisted living communities and the enriching experiences they offer.





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CLASSIC CAR SHOW



ALZHEIMER'S  ASSOCIATION®

SATURDAY, SEPT 13TH 2025

**CARDINAL VIEW PARKING LOT
3820 TRIBECA DR. MIDDLETON WI**

11:00AM - 3:00PM

Calling all classic car enthusiasts! We will have snacks, live music and raffles. Rare and iconic vehicles from decades past take center stage. This event is a celebration of automotive heritage and a benefit for the Walk to End Alzheimer's

For Reservation : David.May@LifesparkSL.com

608-213-1334

Thank You

ENVIRONMENTAL SERVICES

September 14-20, 2025, recognizing the vital role of environmental services personnel - Jim, Jose, Sue, & Carlos!

Environmental Services Week is dedicated to honoring the hard work and dedication of our team who ensures Cardinal View is kept clean, safe, and comfortable for our residents, families, and staff. This week serves as an opportunity to appreciate their efforts in infection control and maintaining a healthy environment.





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Chaplains Corner with Lee Jankowski



Our deepest calling is to grow into our own authentic selfhood, whether or not it conforms to some image of who we ought to be. As we do so, we will not only find the joy that every human being seeks--we will also find our path of authentic service in the world. -Parker J. Palmer

September marks another turn of the seasons, and another milestone for our children and grandchildren and great-grandchildren as they begin another year of studying, learning, teaching, and growing. We have been there, year after year, discovering more and more about our own authentic selves – what brings us joy, where our gifts are strongest, and what we desire for ourselves, the people we love, and our neighbors. If you were asked today to describe your authentic self in 5 words, which words would you choose? How might those words help you see the ways you live in this community with purpose and service?



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GARBAGE & RECYLCING SCHEDULE

There are 2 options for Garbage & Recycling Disposal:

1. Residents may place garbage and recycling items outside of their apartment door **PRIOR to 8:00AM (Monday, Wednesday, Friday)**.
 2. Residents may take their own garbage and recycling items to our Receiving Area and place them in large dumpsters.
- Recycle Dumpsters located on RIGHT and Garbage Dumpsters on LEFT
 - Please break down all cardboard boxes into Recycling dumpsters.
 - Ask a staff member for assistance if you need help.

RECYCLING INFORMATION

ACCEPTABLE ITEMS:

- Office Paper
- Cardboard (flattened)
- Steel/tins food cans
- Glass beverage/food containers
- Newspaper
- Aluminum cans
- Cartons (milk, juice, broth, etc.)
- Plastic Bottles, tubs, jugs #1-7

NOT RECYCLABLE:

- Plastic Bags
- Trash, food wrappers/bags
- Styrofoam
- Clamshell food containers
- Packing peanuts or bubble wrap
- Wires or hoses
- Shredded Paper
- Scrap Metal
- Pizza Boxes
- Straws/Plastic silverware
- Lightbulbs

30

DAYS IN THE
MONTH

Chinese Moon
Festival



Aster
September
Flowers



National Talk
Like a Pirate Day

SEPTEMBER

FUN FACTS



Sapphire
Birthstone



National
Potato
Day



Goodbye
Summer



Hello
Fall



Astrology Signs



Virgo



Libra

Patriot
Day



Grandparents
Day



National
Coffee
Day



National
Play Doh
Day



9th Month
of The Year



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Leadership Team



Julie Holden
Executive
Director



Kacy Riley, RN
Health Services
Director



Kim Frisch
Administrative
Assistant



Jim Larson
Maintenance
Director



Daryl Jones
Culinary Director



David May
Sales & Marketing
Director



Sarah Servais, RN
Assistant Health
Services Director



Xia Xiong
Community Life
Director