November 2025 - AL/IL Calendar

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cardinal View SENIOR LIVING A Lifespark™ Community Schedule is subject to change.	EM Emotional SP Spark Performance IN Intellectual PH Physical VO Vocational SO Social SP Spiritual OT Other	AC 2nd Floor Arts & Craft Room B 2nd Floor Bistro BW Badger Wellness CR 2nd Floor Cardinal Room GN 1st Floor Good Neighbor Community Room L Lobby MR 4th Floor Morey Room				9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B] 10:15 PH Stretching (Video) [CR] 1:30 IN I Love Euchre at the Bistro [B] 3:00 IN Rummikub at the Bistro! [B]
9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B] 9:30 SP Catholic Mass - Live Streaming [GN] 11:00 SP St Luke's Lutheran Service - Live Streaming [GN] 12:00 OT Green Bay Packers vs. Carolina Panthers 1:00 SP Peace through Christ Lutheran Church - In Person Service [GN] 2:30 IN Sunday Bingo - Mystery Prize [CR]	9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B] 10:00 SP Catholic Communion Service [GN] 10:15 PH Stretching & Flexibility [CR] 1:30 IN I Love Euchre [B] 3:30 SO Womens Social (Sip and Chat) [MR]	9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B] 10:15 PH Advanced Strength & Conditioning [BW] 11:00 PH Beginners Strength & Conditioning [BW] 1:00 SP Spark Challenge: Deep Dive Training [GN] 1:30 IN Bridge Club [B] 3:00 IN Rummikub Club in the Bistro Pub [B]	9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B] 10:15 PH Stretching & Flexibility [CR] 11:00 IN Things I wish I Knew - Hospice Care [GN] 1:00 SP Spark Challenge: Quiz Show Test [GN] 1:30 IN I Love Euchre at the Bistro [B] 2:00 Grocery Shopping Trip - Metro Market (Please Sign-up)	9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B] 10:15 PH Advanced Strength & Conditioning [BW] 11:00 PH Beginners Strength & Conditioning [BW] 1:30 SO Activities with Westside Christian School Kids [CR] 2:00 VO Lifelong Learning Presentation - US ARMY in Yellowstone National Park 3:00 SO Thursday Bingo! 6:30 IN Documentary Series: World War II: From the Frontlines Ep. 3Ep. 3 [GN]	9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B] 10:15 PH Stretching & Flexibility [CR] 1:00 SP The Really Big Show! [CR] 1:30 EM Cardinal View Music Club [B] 3:30 SO Happy Hour with Al Dominie [B] 7:00 SO Friday Night Movie: Sister Act 2 [GN]	9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B] 10:15 PH Stretching (Video) [CR] 1:30 IN I Love Euchre at the Bistro [B] 3:00 IN Rummikub at the Bistro! [B]
9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B] 9:30 SP Catholic Mass - Live Streaming [GN] 11:00 SP St Luke's Lutheran Service - Live Streaming [GN] 2:30 IN Sunday Bingo - Mystery Prize [CR]	9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B] 10:15 PH Stretching & Flexibility [CR] 1:30 IN I Love Euchre [B] 2:30 SP Meditation with Chaplain Lee [GN] 3:30 SO Womens Social (Sip and Chat) [MR] 7:15 OT Green Bay Packers vs. Philadelphia Eagles	Veterans Day 9:00 SO Coffee & Reminisce at the Bistro-Cheers! [B] 10:15 PH Advanced Strength & Conditioning [BW] 11:00 PH Beginners Strength & Conditioning [BW] 1:00 SP Spark Challenge: Deep Dive Training [GN] 1:30 IN Bridge Club [B] 3:00 IN Rummikub Club in the Bistro Pub [B]	9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B] 10:15 PH Stretching & Flexibility [CR] 1:00 SP Spark Challenge: Quiz Show Test [GN] 1:00 SP Bible Study [MR] 1:30 IN I Love Euchre at the Bistro [B] 2:00 Grocery Shopping Trip - Metro Market (Please Sign-up) 3:30 SO Heartstrings Concert [CR]	9:00 SO Coffee & Reminisce at the Bistro-Cheers! [B] 10:15 PH Advanced Strength & Conditioning [BW] 11:00 PH Beginners Strength & Conditioning [BW] 1:30 IN PLATO Lecture: Healing the Heart Through Forgiveness By Lisa Rickert [GN] 2:30 SO Thursday Bingo! [CR] 6:30 IN Documentary Series: World War II: From the Frontlines Ep. 4 [GN]	9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B] 10:15 PH Stretching & Flexibility [CR] 10:30 SO Bloody Mary Social 1:00 SP The Really Big Show! [CR] 1:30 EM Cardinal View Music Club [B] 3:30 SO Happy Hour - BYOB! [B] 7:00 SO Friday Night Movie: Damsel [GN]	9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B] 10:15 PH Stretching (Video) [CR] 1:30 IN I Love Euchre at the Bistro [B] 3:00 IN Rummikub at the Bistro! [B]

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 SO Coffee & Reminisce at the Bistro-Cheers! [B]	9:00 SO Coffee & Reminisce at the Bistro- Cheers!	9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B]	9:00 SO Coffee & 19 Reminisce at the Bistro- Cheers! [B]	9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B]	9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B]	9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B]
9:30 SP Catholic Mass - Live Streaming [GN] 11:00 SP St Luke's Lutheran	10:15 PH Stretching & Flexibility [CR] 1:30 IN I Love Euchre [B]	10:15 PH Advanced Strength & Conditioning [BW]	10:00 VO Resident Council - Please be seated at 10:00AM	10:15 PH Advanced Strength & Conditioning [BW]	10:15 PH Stretching & Flexibility [CR] 1:00 SP The Really Big Show! [CR]	9:30 SO Book Club [MR] 10:15 PH Stretching (Video) [CR]
Service - Live Streaming [GN]	1:30 SP What is Grief? - Chaplain Lee J [GN]	11:00 PH Beginners Strength & Conditioning [BW]	11:00 VO Chef Talk 1:00 SP Spark Challenge: Quiz	11:00 PH Beginners Strength & Conditioning [BW]	1:30 EM Cardinal View Music Club [B]	1:30 IN I Love Euchre at the Bistro [B]
12:00 OT Green Bay Packers vs. New York Giants	3:30 SO Womens Social (Sip and Chat) [MR]	12:30 VO Middleton Library Lobby Stop [L]	Show Test [MR] 1:30 PH Stretching &	1:30 N Victory Over Japan Day (VJ Day)	3:30 So Happy Hour featuring Richard Shaten on	3:00 N Rummikub at the Bistro! [B]
1:00 Peace through Christ Lutheran Church - In Person Service [GN]		1:00 SP Spark Challenge: Deep Dive Training [GN]	Flexibility 1:30 IN I Love Euchre at the	Presentation by: Bob Block [GN] 2:30 SO Thursday Bingo! [CR]	Piano on Piano 7:00 SO Friday Night Movie: My Oxford Year [GN]	
2:30 IN Sunday Bingo - Mystery Prize [CR]		1:30 IN Bridge Club [B] 3:00 IN Rummikub Club in the Bistro Pub [B]	Bistro [B] 2:00 Grocery Shopping Trip - Metro Market (Please Sign-up)	6:30 IN Documentary Series: World War II: From the Frontlines Ep. 5	My Oxford Teal [GN]	
			3:00 EM Beginners Card Making 101	[GN]		
9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B]	9:00 SO Coffee & Reminisce at the Bistro-Cheers! [B]	9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B]	9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B]	Thanksgiving Day 9:00 SO Coffee & Reminisce at the Bistro-	9:00 SO Coffee & Reminisce at the Bistro-	9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B]
9:30 SP Catholic Mass - Live Streaming [GN]	10:15 PH Stretching & Flexibility [CR] 1:30 EM Chat with Chap! -	10:15 PH Advanced Strength & Conditioning	10:15 PH Stretching & Flexibility [CR] 1:00 SP Bible Study [MR]	Cheers! [B] 12:00 OT Green Bay Packers vs. Detroit Lions	Cheers! [B] 10:15 PH Stretching & Flexibility (Video)	10:15 PH Stretching (Video) [CR] 1:30 IN I Love Euchre at the
11:00 SP St Luke's Lutheran Service - Live Streaming [GN]	Men's Group [CR] 1:30 IN I Love Euchre [B]	[BW] 11:00 PH Beginners Strength & Conditioning [BW]	1:15 SO I Love Euchre Progressive	6:30 N Documentary Series: World War II: From	[CR] 1:30 EM Cardinal View Music	Bistro [B] 3:00 N Rummikub at the
12:00 OT Green Bay Packers vs. Minnesota Vikings	2:00 IN PLATO: Beyond Politics: The Content	1:30 N Bridge Club [B]	Tournament 2:00 Grocery Shopping Trip -	the Frontlines Ep. 6 [GN]	Club [B] 3:30 SO Happy Hour - BYOB! [B]	Bistro! [B]
2:30 IN Sunday Bingo - Mystery Prize [CR]	of Wisconsin's Character, Past & Present By: Mike M. [GN]	2:00 VO Parkinsons Wellness Support Group [GN] 3:00 N Rummikub Club in the Bistro Pub [B]	Metro Market (Please Sign-up)		7:00 So Friday Night Movie: Liar Liar [GN]	
	3:30 SO Womens Social (Sip and Chat) [MR]	ելջուց եր				
9:00 SO Coffee & Reminisce at the Bistro- Cheers! [B]						
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