

November 2025 - Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Cardinal View SENIOR LIVING A Lifespark™ Community Schedule is subject to change.	EM Emotional SP Spark Performance IN Intellectual PH Physical VO Vocational SO Social SP Spiritual OT Other	CA Common Area CR 2nd Floor Cardinal Room				1
9:30 PH Morning Stretch [CA] 2 10:30 SP Sing Along with John - Spiritual [CA] 12:00 SO Packers VS Panthers [CA]	9:30 PH Morning Stretch [CA] 3 10:15 SP Spiritual Programming with Chaplain Lee [CA] 1:30 PH Active game [CA] 2:30 SO Snack Time [CA] 3:30 SO Active Game [CA]	9:30 PH Morning Stretch [CA] 4 10:15 PH Active Game [CA] 2:30 SO Snack Time [CA] 3:00 IN Social time [CA] 4:00 PH Walk & Roll	9:30 PH Morning Stretch [CA] 5 10:30 SO Music with Tom Kastle [CA] 1:30 PH Active game [CA] 2:30 SO Snack Time [CA] 3:30 IN Table Game [CA]	9:30 PH Morning Stretch [CA] 6 10:15 SP Spiritual Programming with Chaplain Lee [CA] 1:30 SO Activities with Westside Christian School Kids [CR] 1:30 IN Table Games [CA] 2:30 SO Snack Time [CA] 4:00 PH Walk & Roll	9:30 PH Morning Stretch [CA] 7 10:15 PH Active Game [CA] 2:30 SO Snack Time [CA] 3:15 SO Music with Al Dominie [CA]	9:30 PH Morning Stretch [CA] 8
9:30 PH Morning Stretch [CA] 9 10:30 SP Sing Along with John - Spiritual [CA] 1:00 SO Afternoon Movie [CA] 3:00 PH Active Game [CA]	9:30 PH Morning Stretch [CA] 10 10:15 SP Spiritual Programming with Chaplain Lee [CA] 1:30 PH Active game [CA] 2:30 SO Snack Time [CA]	Veterans Day 11 9:30 PH Morning Stretch [CA] 10:15 EM 1:1 Visits [CA] 2:30 SO Snack Time [CA] 3:00 IN Social time [CA] 4:00 PH Walk & Roll	9:30 PH Morning Stretch [CA] 12 10:15 PH Active Game [CA] 1:30 PH Active game [CA] 2:30 SO Snack Time [CA] 3:30 SO Heartstrings Concert [CR]	9:30 PH Morning Stretch [CA] 13 10:15 SP Spiritual Programming with Chaplain Lee [CA] 1:30 IN Table Games [CA] 2:30 SO Snack Time [CA] 4:00 PH Walk & Roll	9:30 PH Morning Stretch [CA] 14 10:15 EM Crafting [CA] 2:30 SO Snack Time [CA] 3:00 IN Bingo [CA]	9:30 PH Morning Stretch [CA] 15 10:15 PH Active Game [CA]
9:30 PH Morning Stretch [CA] 16 10:30 SP Sing Along with John - Spiritual [CA] 12:00 SO Packers VS Giants [CA]	9:30 PH Morning Stretch [CA] 17 10:15 SP Spiritual Programming with Chaplain Lee [CA] 1:30 PH Active game [CA] 2:30 SO Snack Time [CA]	9:30 PH Morning Stretch [CA] 18 10:15 PH Active Game [CA] 2:30 SO Snack Time [CA] 3:00 IN Social time [CA] 4:00 PH Walk & Roll	9:30 PH Morning Stretch [CA] 19 10:15 EM 1:1 Visits [CA] 1:30 PH Active game [CA] 2:30 SO Snack Time [CA]	9:30 PH Morning Stretch [CA] 20 10:15 SP Spiritual Programming with Chaplain Lee [CA] 1:30 IN Table Games [CA] 2:30 SO Snack Time [CA] 4:00 PH Walk & Roll	9:30 PH Morning Stretch [CA] 21 10:15 PH Active Game [CA] 2:30 SO Snack Time [CA] 3:15 IN Bingo w/ Friends! [CA]	22

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 PH Morning Stretch [CA] 23 10:30 SP Sing Along with John - Spiritual [CA] 12:00 SO Packers VS Vikings [CA]	9:30 PH Morning Stretch [CA] 24 10:15 SP Spiritual Programming with Chaplain Lee [CA] 1:30 PH Active game [CA] 2:30 SO Snack Time [CA] 3:30 IN Table Game [CA]	9:30 PH Morning Stretch [CA] 25 10:15 EM 1:1 Visits [CA] 2:30 SO Snack Time [CA] 3:00 IN Social time [CA] 4:00 PH Walk & Roll	9:30 PH Morning Stretch [CA] 26 10:15 PH Active Game [CA] 1:30 PH Active game [CA] 2:30 SO Snack Time [CA]	Thanksgiving Day 27 10:15 SP Spiritual Programming with Chaplain Lee [CA] 12:00 SO Packers VS Lions [CA] 2:30 SO Snack Time [CA] 4:00 PH Walk & Roll	Day after Thanksgiving Day 28 9:30 PH Morning Stretch [CA] 10:00 SO Morning Movie [CA] 2:30 SO Snack Time [CA] 3:00 IN Bingo [CA]	9:30 PH Morning Stretch [CA] 29
9:30 PH Morning Stretch [CA] 30 10:30 SP Sing Along with John - Spiritual [CA] 1:00 SO Afternoon Movie [CA] 3:30 IN Table Game [CA]						