

January 2026 - Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Cardinal View SENIOR LIVING A Lifespark™ Community Schedule is subject to change.	EM Emotional SP Spark Performance IN Intellectual PH Physical VO Vocational SO Social SP Spiritual OT Other	CA Common Area CR 2nd Floor Cardinal Room H Hallways		New Year's Day1	9:30PHMorning Stretch [CA]2 10:30SOCrafting [CA] 2:30SONack Time [CA] 4:00PHWalk & Roll	9:30PHMorning Stretch [CA]3 10:15INTrivia! [CA]
9:30PHMorning Stretch [CA]4 11:00SPSinging with John [CA]	9:30PHMorning Stretch [CA]5 10:15SPSpiritual Programming - Susie Q [CA] 1:30EMCrafting [CA] 2:30SONack Time [CA] 4:00PHWalk & Roll	9:30PHMorning Stretch [CA]6 10:30PHActive Game [CA] 2:30SONack Time [CA] 3:30EMKarokeing! [CA] 4:00PHWalk & Roll	9:30PHMorning Stretch [CA]7 10:30EM1:1 Visits [CA] 2:30SONack Time [CA] 4:00PHWalk & Roll 4:00PHWalk & Roll [H]	9:30PHMorning Stretch [CA]8 10:15SPSpiritual Programming - Susie Q [CA] 1:30INTable Games [CA] 2:30SONack Time [CA] 4:00PHWalk & Roll	9:30PHMorning Stretch [CA]9 10:30PHActive Game [CA] 2:30SONack Time [CA] 2:30INBingo! [CA] 4:00PHWalk & Roll	9:30PHMorning Stretch [CA]10 10:15INTrivia! [CA]
9:30PHMorning Stretch [CA]11 11:00SPSinging with John [CA]	9:30PHMorning Stretch [CA]12 10:15SPSpiritual Programming - Susie Q [CA] 1:30EMCrafting [CA] 2:30SONack Time [CA] 4:00PHWalk & Roll	9:30PHMorning Stretch [CA]13 10:30PHActive Game [CA] 2:30SONack Time [CA] 3:30EMKarokeing! [CA] 4:00PHWalk & Roll	9:30PHMorning Stretch [CA]14 10:00SONorning Movie [CA] 2:30SONack Time [CA] 3:30SOHeartstrings Concert [CR] 4:00PHWalk & Roll	9:30PHMorning Stretch [CA]15 10:15SPSpiritual Programming - Susie Q [CA] 1:30INTable Games [CA] 2:30SONack Time [CA] 4:00PHWalk & Roll	9:30PHMorning Stretch [CA]16 10:30SOEntertainment: Ten Strings w/ Wendy! [CA] 2:30SONack Time [CA] 2:30INBingo! [CA] 4:00PHWalk & Roll	9:30PHMorning Stretch [CA]17 10:15INTrivia! [CA]
9:30PHMorning Stretch [CA]18 11:00SPSinging with John [CA]	Martin Luther King Jr. Day19 9:30PHMorning Stretch [CA] 10:15SPSpiritual Programming - Susie Q [CA] 1:30EMCrafting [CA] 2:30SONack Time [CA] 4:00PHWalk & Roll	9:30PHMorning Stretch [CA]20 10:30EMCrafting [CA] 2:30SONack Time [CA] 3:30EMKarokeing! [CA] 4:00PHWalk & Roll	9:30PHMorning Stretch [CA]21 10:30INTable Game [CA] 2:30SONack Time [CA] 4:00PHWalk & Roll	9:30PHMorning Stretch [CA]22 10:15SPSpiritual Programming - Susie Q [CA] 1:30INTable Games [CA] 2:30SONack Time [CA] 4:00PHWalk & Roll	9:30PHMorning Stretch [CA]23 10:30INPuzzles [CA] 2:30SONack Time [CA] 2:30INBingo! [CA] 4:00PHWalk & Roll	9:30PHMorning Stretch [CA]24 10:15INTrivia! [CA]
9:30PHMorning Stretch [CA]25 11:00SPSinging with John [CA]	9:30PHMorning Stretch [CA]26 10:15SPSpiritual Programming - Susie Q [CA] 1:30EMCrafting [CA] 2:30SONack Time [CA] 4:00PHWalk & Roll	9:30PHMorning Stretch [CA]27 10:30PHActive Game [CA] 2:30SONack Time [CA] 3:30EMKarokeing! [CA] 4:00PHWalk & Roll	9:30PHMorning Stretch [CA]28 10:00SONorning Movie [CA] 2:30SOEntertainment: Kevin Murphy [CA] 2:30SONack Time [CA] 4:00PHWalk & Roll	9:30PHMorning Stretch [CA]29 10:15SPSpiritual Programming - Susie Q [CA] 1:30INTable Games [CA] 2:30SONack Time [CA] 4:00PHWalk & Roll	9:30PHMorning Stretch [CA]30 10:30EMCrafting [CA] 2:30SONack Time [CA] 2:30INBingo! [CA] 4:00PHWalk & Roll	9:30PHMorning Stretch [CA]31 10:15INTrivia! [CA]